

**ENGEL & VÖLKERS®**  
MARTHA MIRANDA



# Mature Move Relocation Guide

A Professional Relocation Planning Resource for Clients 55+





## A Personal Message from Your Senior Real Estate Specialist

Relocating later in life is about much more than buying or selling a home –it’s about lifestyle, comfort, security, and peace of mind. As a **Senior Real Estate Specialist (SRES®)** with Engel & Völkers New Smyrna Beach, Florida, I am honored to guide mature clients and their families through every step of this important transition with **care, clarity,** and **professionalism.**

This guide was created to help you feel informed, confident, and supported throughout your relocation journey.

Martha Miranda  
Advisor, SRES, CIPS  
Engel & Völkers | New Smyrna Beach

# Introduction

Relocating later in life is a major life transition that often includes emotional, financial, physical, and logistical considerations. This Mature Move Relocation Guide is designed to provide clarity, structure, and peace of mind as you plan your next chapter. Whether you're downsizing, moving closer to family, relocating for health or lifestyle reasons, or transitioning to a retirement or assisted living community, this guide will help you move forward with confidence and dignity.



## Step 1: Clarify Your Why

Understanding the motivation behind your move helps guide every decision.

### **Common reasons for mature moves include:**

- Downsizing from a larger home
- Health or mobility concerns
- Being closer to family or caregivers
- Lifestyle changes (coastal living, retirement community, climate preferences)
- Financial considerations

### **Questions to consider:**

- What is driving this move?
- Is this move optional or time-sensitive?
- Is this a long-term or transitional move?



## Step 2: Assess Your Financial Picture

Your financial plan determines your housing options and timeline.

### **Key Financial Topics:**

- Current home equity
- Mortgage payoff or remaining balance
- Retirement income sources
- Healthcare and insurance expenses
- Long-term care considerations
- Tax implications of selling

### **Recommended Actions:**

- Meet with a financial advisor
- Review Medicare and insurance coverage
- Understand capital gains exemptions
- Budget for moving, repairs, and closing costs



## Step 3: Evaluate Housing Options


Your next home should support your lifestyle today and in the future.

### **Common Housing Choices:**

- Age-in-place single-story homes
- Condos with maintenance included
- 55+ active adult communities
- Independent or assisted living communities
- Multigenerational housing

### **Important Features to Consider:**

- Single-level living
- Minimal maintenance
- Proximity to healthcare
- Walkability and transportation
- Community amenities



## Step 4: Create a Move Timeline

Mature moves benefit greatly from planning ahead.

### **Typical Timeline:**

- 3–6 months for downsizing and preparation
- 1–3 months for active marketing and contract
- 30–45 days for escrow and closing

**Tip:** Starting early reduces stress and allows for better financial and housing decisions.



## Step 5: Downsizing with Purpose

Downsizing can be emotional and overwhelming. Take it one decision at a time.

### Sorting Strategy:

- Keep
- Gift to family
- Donate
- Sell
- Discard

### Helpful Tips:

- Measure your new home first
- Start with storage areas
- Digitize important documents and photos
- Use professional estate sale or senior move managers if needed



## Step 6: Prepare Your Current Home for Sale


Preparing your home strategically maximizes value and reduces stress.

### **Key Preparation Steps:**

- Safety checks (rails, steps, lighting)
- Minor repairs
- Decluttering
- Professional photography
- Pricing based on local market data

**As your Engel & Völkers advisor, I can help coordinate trusted local vendors for:**

- Repairs
- Cleaning
- Staging
- Inspections



## Step 7: Organize the Physical Move

Professional moving support is essential for a smooth transition.

### **Moving Support May Include:**

- Senior-focused moving companies
- Packing and unpacking services
- Furniture placement
- Junk removal
- Vehicle transport

**Tip:** Always request written estimates and insurance coverage details.



## Step 8: Emotional Well-Being During the Move

Relocation later in life brings emotional challenges. These feelings are normal and valid.

### **Common Emotions:**

- Anxiety
- Grief
- Excitement
- Uncertainty

### **Ways to Stay Grounded:**

- Involve family in the process
- Keep familiar routines
- Stay connected socially
- Acknowledge emotions as part of the transition



## Step 9: Medical and Care Coordination

Healthcare continuity is critical during relocation.

### **Essential Steps:**

- Transfer medical records
- Establish new physicians
- Identify nearby hospitals and urgent care
- Review prescription providers
- Update emergency contacts



## Step 10: Settling in Successfully

Your transition continues after the move.

### **Helpful Steps:**

- Update address with all providers
- Register to vote
- Set up local utilities and services
- Explore community activities
- Connect with neighbors



## How a Senior Real Estate Specialist Helps

A Senior Real Estate Specialist (SRES®) is trained to guide mature clients through complex life-transition moves with compassion, clarity, and expertise.

### **Martha Miranda, SRES® – Engel & Völkers New Smyrna Beach – Assists With:**

- Housing transitions and downsizing
- Pricing and marketing strategy
- Financial and legal coordination with trusted professionals
- Family communication and planning
- Vendor and relocation coordination
- Out-of-state and international relocation

## Why Engel & Völkers

Engel & Völkers is a global luxury real estate brand known for white-glove service, local expertise, and powerful international marketing. Our New Smyrna Beach, Florida advisors combine world-class exposure with trusted local knowledge.



## Final Thoughts

A mature move is more than a real estate transaction—it is a life transition. With proper planning, professional guidance, and compassionate support, your move can be a positive, empowering experience.

You never have to navigate this process alone—I am here to guide you every step of the way.

### **Martha Miranda, SRES<sup>®</sup>, CIPS**

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