

A photograph of a pumpkin patch in a park-like setting. In the foreground, there are many pumpkins of various sizes and colors (orange, white, and light orange) scattered on the ground. In the background, there are trees with green and yellowing leaves, a wooden building, and a white tent. Several people are visible, including a man in a grey sweater and blue jeans pushing a small cart with pumpkins on it. The text "The FALL GUIDE" is overlaid in a large, white, serif font, with "The" in a script font and "FALL GUIDE" in a bold serif font.

The FALL GUIDE

things to do in & around Winnipeg →



pumpkin patches + farms

Deer Meadow Farms

Best for: Huge corn maze, wagon rides, animals, and pumpkin picking. Fall 2026 hours are confirmed.

Outside Winnipeg

A Maze in Corn

Best for: Corn maze, Pumpkin Barn, hayrides + petting zoo. The Pumpkin Barn is confirmed to open in October 2026.



coffee + cozy drink stops

Human Bean Coffee & Tea

Order: Pumpkin Spice Latte — pumpkin spice is currently listed among its latte flavours.

Café Postal

Order: Hot London Fog — simple, cozy, and currently on the menu.

O Station Cafe

Order: Hot Cinnamon Latte — basically made for a cold Winnipeg afternoon.



fall date nights

Langside Grocery

Cocktails + cicchetti in the cozy historic corner-store space, then walk around West Broadway. Their fall hours are now in effect.

Bonnie Day

Dinner + wine in their candlelit Wolseley dining room, followed by a neighbourhood walk.

FortWhyte Alive

Go around sunset and watch thousands of migrating geese descend on the water — one of Winnipeg's most distinctly fall date ideas.

A collage of various food items. At the top left, a bowl of soup with dumplings and green onions. Next to it, a bowl of soup with meat, a hard-boiled egg, and green vegetables. Below these, a plate of fried dumplings. In the center, a piece of bread with a sesame seed topping. At the bottom, a large bowl of soup with a matzo ball, green onions, and other vegetables. A metal steamer basket is visible on the left side.

food worth leaving the house for

Tall Grass Prairie Bread Company

For: Their legendary fresh cinnamon buns.

Black Market Provisions

For: Pumpkin Coffee Cake Blondie — currently listed as the monthly sweet special.

Clementine

For: Braised Bacon Benedict on a buttermilk biscuit.

Bernstein's Deli

For: Chicken matzo ball soup or a grilled cinnamon bun when you want full-on comfort food.



best places for fall color

Assiniboine Forest

Best for: Quiet forest trails, golden aspens + an easy fall walk. The forest has more than 700 acres of oak and aspen woodland.

Assiniboine Park

Best for: Golden-hour walks, colourful trees + easy fall photos.

The Riverwalk — The Forks to the Legislature

Best for: A downtown fall walk beneath an archway of golden foliage along the Assiniboine River.

A rustic wooden display of pumpkins and autumn leaves. The background is a wooden structure with shelves holding various pumpkins and gourds. Some are orange, some are white, and some are green. There are also some autumn leaves hanging from the top left. The text is overlaid on this background.

fall events to add to your calendar

Culture Days Manitoba

September 18 – October 4, 2026

Free arts, culture, performances + hands-on experiences across Winnipeg and Manitoba.

Nuit Blanche Winnipeg

September 26, 2026

Downtown and the Exchange turn into a giant free nighttime contemporary-art experience. The official event lists 6 p.m.–midnight.

Assiniboine Park Zoo — Boo at the Zoo

October 2–31, 2026

Spookyville, glowing pumpkins, entertainment, photo ops + fair rides.

Manito Ahbee Festival

October 30 – November 1, 2026

Powwow, Indigenous marketplace, performances, fashion + cultural programming.

Happy Fall!



I'm Ainsley Yoong, your Winnipeg
local & real estate advisor

I've rounded up the best things to do this fall, and
put them in one free guide for you.