

The Ultimate 30-Day Declutter CHALLENGE



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WELCOME!

I'm Patty

I am so excited you grabbed the Ultimate 30-Day Declutter Challenge workbook! The challenge is designed to help you organize, clean, and declutter spaces in your home and I hope you find it helpful!

As always, I am here to help you and anyone you know with any real estate questions that you may have. Please feel free to reach out to me at any time.

Until next time, happy decluttering!

PATTY DOMINGUEZ

@PATTY.THE.REALTOR

Month

2025

DAY 1 Organize your bedroom	DAY 2 Organize your bathroom	DAY 3 Clean out your closet	DAY 4 Organize another room or closet	DAY 5 Donate unused clothes and shoes
DAY 6 Clean out refrigerator	DAY 7 Clean & Organize Freezer	DAY 8 Clean & Organize Kitchen Cabinets	DAY 9 Clean & Organize Kitchen Drawers	DAY 10 Organize your laundry room & cleaning supplies
DAY 11 Organize your living room	DAY 12 Clean living room furniture	DAY 13 Organize another room or closet	DAY 14 Donate old furniture or unused items	DAY 15 Organize your office
DAY 16 Clean space from your computer	DAY 17 Remove old apps you don't use	DAY 18 Find an app that can help you	DAY 19 Update and organize your calendar	DAY 20 Delete old emails in your inbox
DAY 21 Deep clean floors in your home	DAY 22 Donate books or other office items you no longer need	DAY 23 Clean out your wallet of unused items	DAY 24 Organize another room or closet	DAY 25 Organize one side of your garage
DAY 26 Organize the other side of your garage	DAY 27 Sweep your garage	DAY 28 Clean out your car	DAY 29 Celebrate how far you have come	DAY 30 Commit to staying decluttered

Month

2025

REMINDERS

Notes

DAY ONE

Organize Your Bedroom

Make a list of items to organize and clean in your bedroom.

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DAY TWO

Organize Your Bathroom

Make a list of items to organize and clean in your bathroom.

Reminder to discard expired medications.

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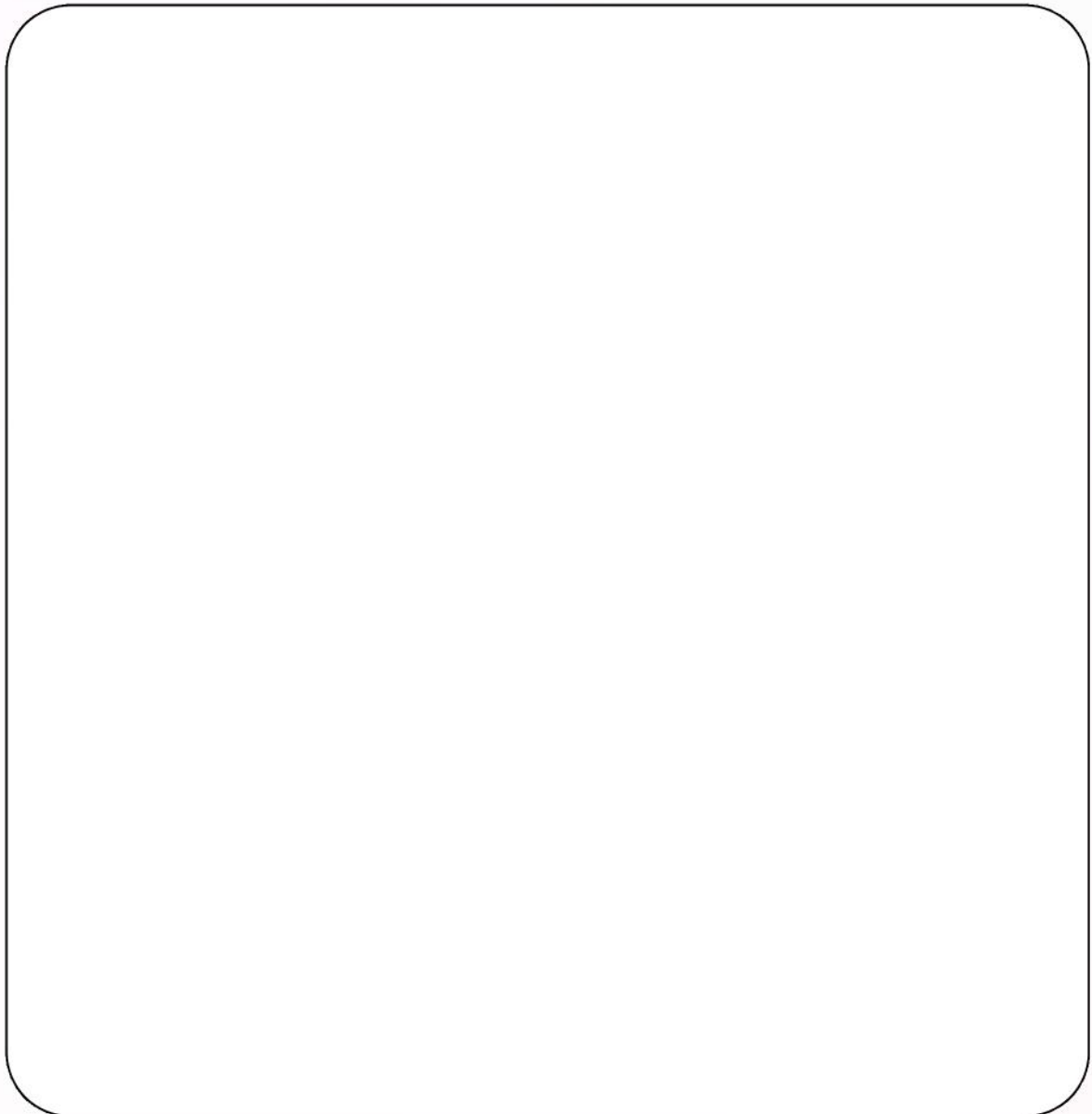
☐ _____

☐ _____

DAY THREE

Clean Out Your Closet

Use the space below to draft how you would like to organize the items in your closet.



DAY FOUR

Clean Out Another Room Or Closet

Make notes below as to the area you will be focusing on and your method of cleaning it out.

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- ☐ _____
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- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

DAY FIVE

Donate Clothes & Shoes

Make a list of places to donate and the items you want to donate.

<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
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<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____

DAY SIX

Clean Out The Refrigerator

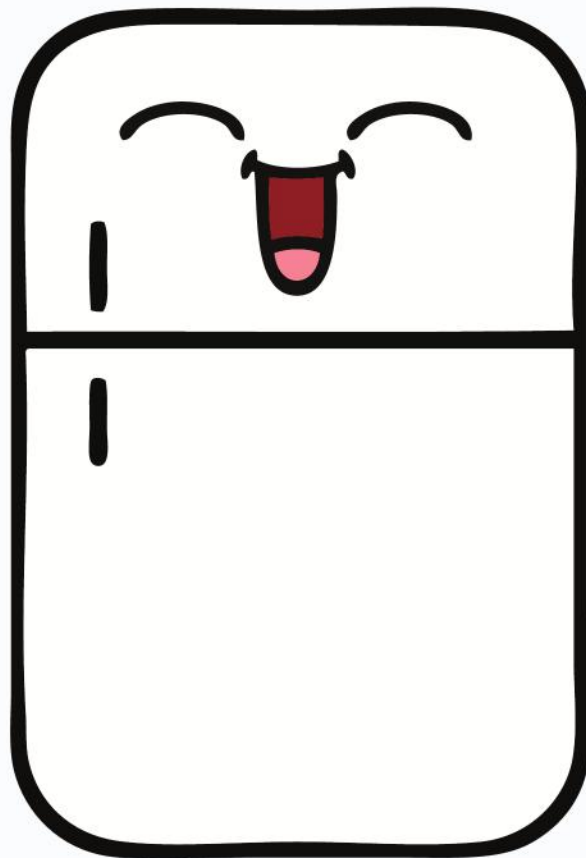
Reminder: Discard expired items



DAY SEVEN

Clean Out The Freezer

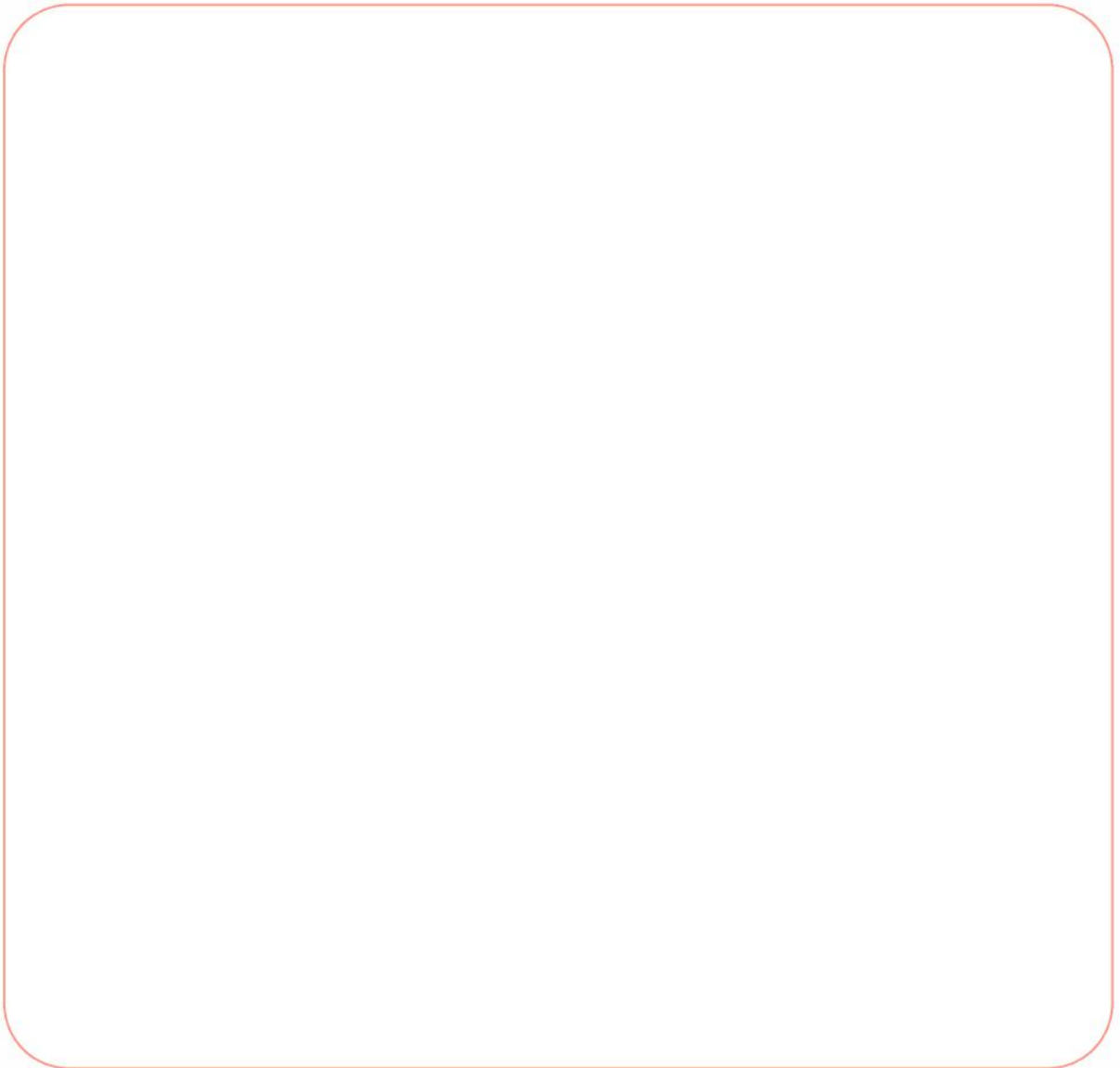
*Reminder: Adding a box of "arm & hammer" can help keep
your fridge and freezer items fresh.*



DAY EIGHT

Organize The Kitchen Cabinets

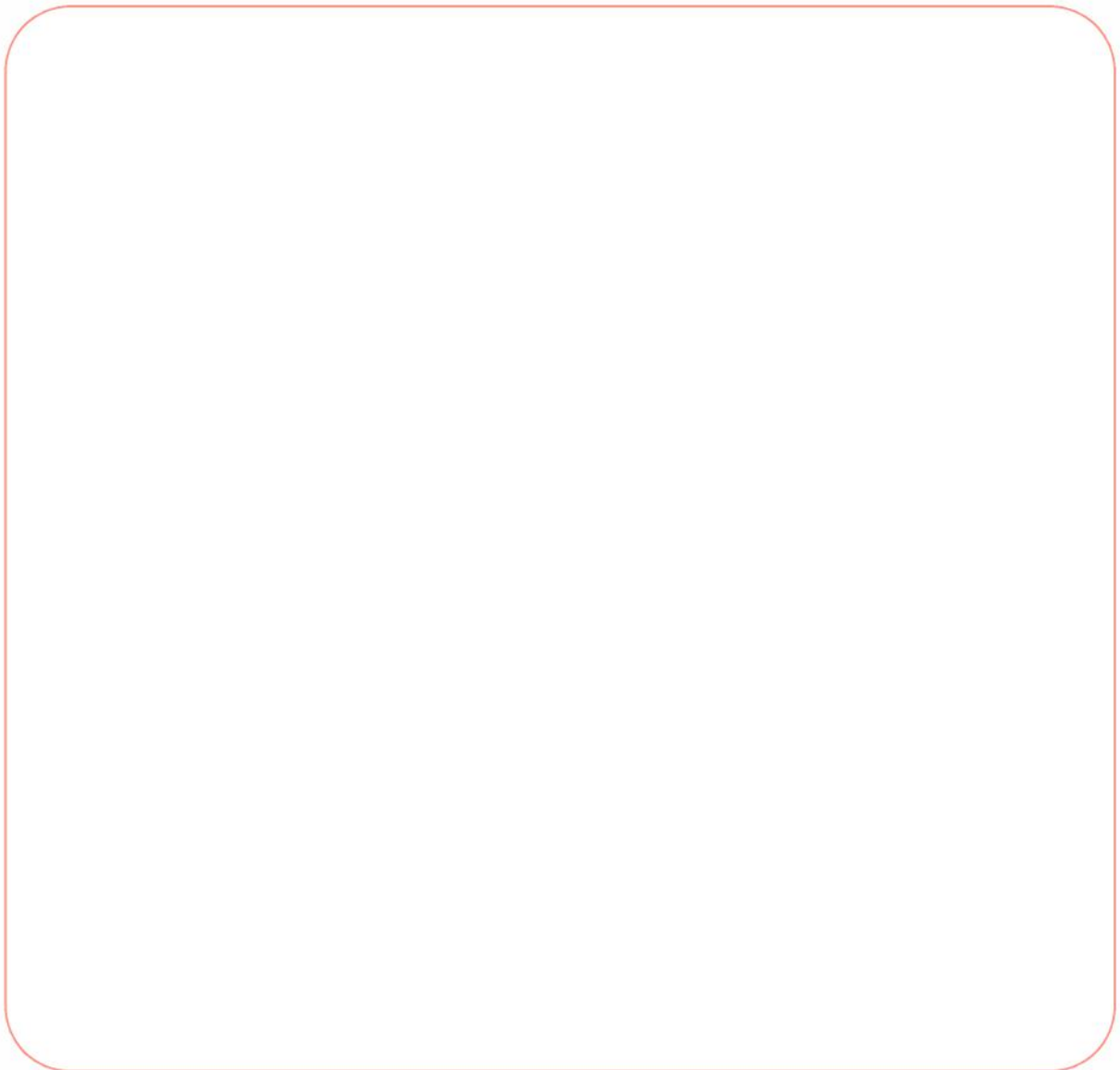
Using the space below, decide where you would like items to stay or to be moved to that would offer more space.

A large, empty rectangular box with rounded corners and a thin red border, intended for organizing kitchen cabinets. The box is currently blank, providing space for the user to write or draw their organizational plan.

DAY NINE

Organize The Kitchen Drawers

Using the space below, decide where you would like items to stay or to be moved to that would offer more space.

A large, empty rectangular box with rounded corners and a thin red border, intended for organizing kitchen drawers. The box is currently blank, providing space for the user to write or draw.

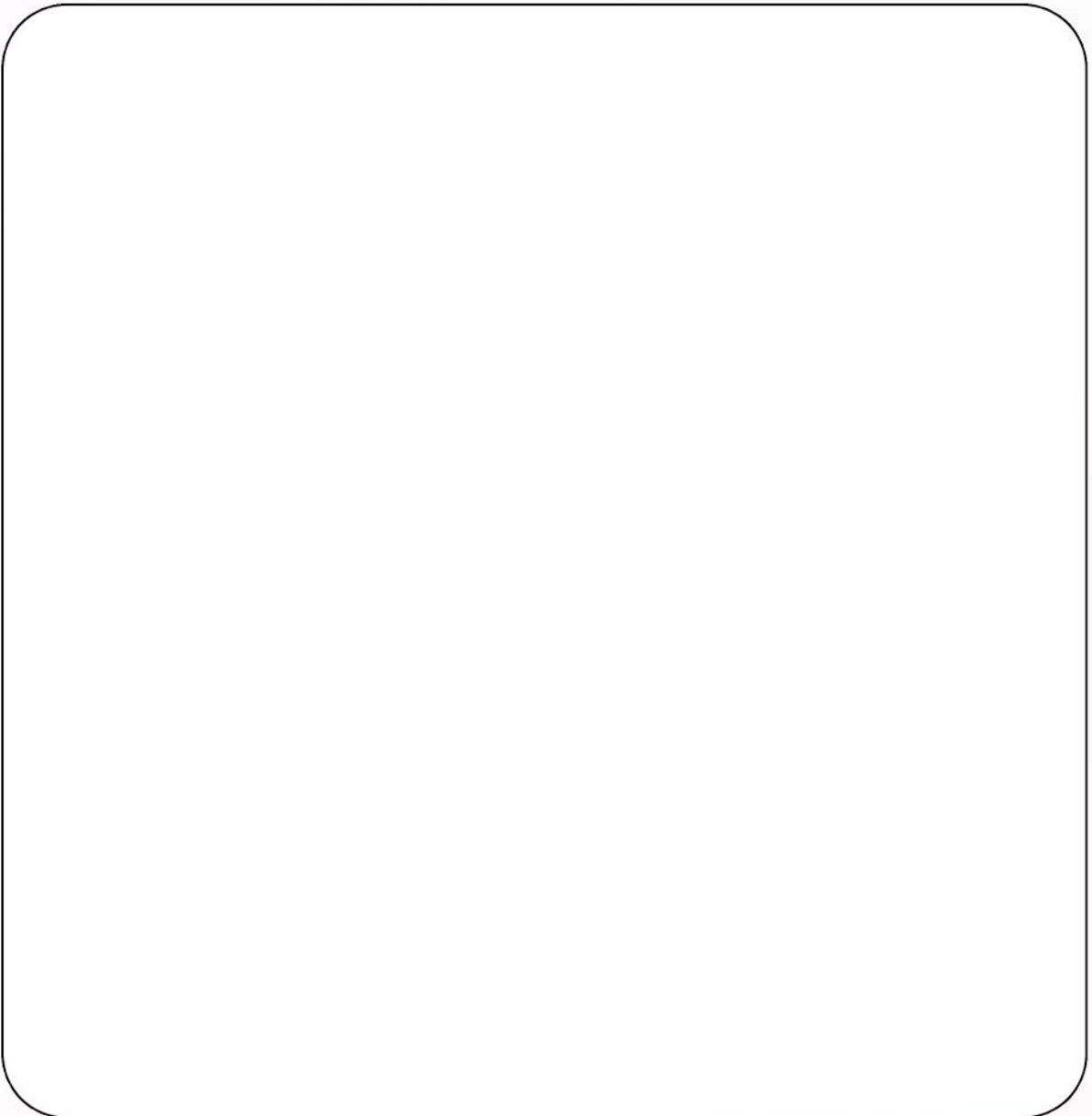
Make a list of cleaning supply items you need to purchase.



DAY ELEVEN

Clean The Living Room

Using the space below, draft out the layout of your living room and if you should re-arrange furniture to make more space.

A large, empty rectangular box with rounded corners, intended for drafting a living room layout. The box is white with a thin black border and is positioned below the instructional text.

DAY TWELVE

Clean Living Room Furniture

Make a list of furniture that needs to be cleaned.

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



DAY THIRTEEN

Clean Out Another Room Or Closet

Make notes below as to the area you will be focusing on and your method of cleaning it out.

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- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



DAY FOURTEEN

Donate Unused Items

Make a list of places to donate and the items you want to donate.

<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____

DAY FIFTEEN

Organize Your Office

Areas to organize:

New things to buy:

Reflection:

DAY SIXTEEN

Clear Space On Your Computer

Reflection:

DAY SEVENTEEN

Remove Old Apps From Your Phone

List out apps to remove.



DAY EIGHTEEN

Add Apps That Can Help You

List out apps to add that can help you daily.



DAY NINETEEN

Update Your Calendar

Make notes on important things to update for your calendar.

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DAY TWENTY

Delete Old Emails From Your Inbox

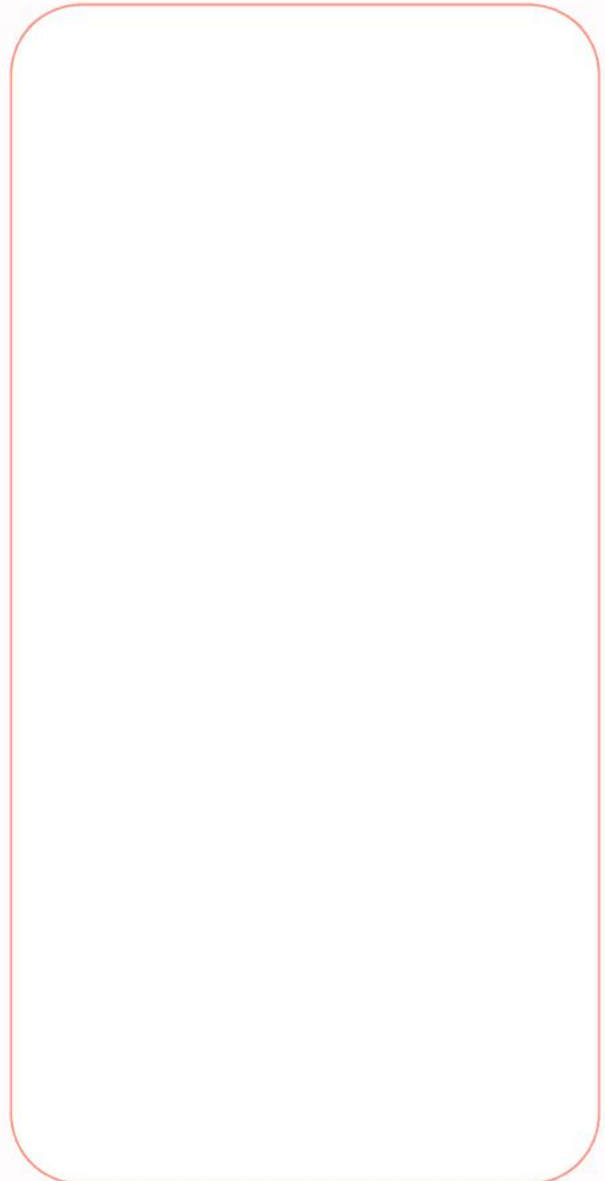
Reflection:

DAY TWENTY-ONE

Deep Clean The Floors

List the areas of focus and check off once that room is completed.

- ☐ _____
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- ☐ _____
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- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



DAY TWENTY-TWO

Donate Books & Other Items

Make a list of places to donate and the items you want to donate.

<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____

DAY TWENTY-THREE

Clean Out Your Wallet

Reflection:

DAY TWENTY-FOUR

Clean Out Another Room Or Closet

Make notes below as to the area you will be focusing on and your method of cleaning it out.

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



Make a list of areas to focus on and possibly donate.



Make a list of areas to focus on and possibly donate.



DAY TWENTY-SEVEN

Sweep The Garage

Reflection:

DAY TWENTY-EIGHT

Clean Your Car



Reflection:

Enjoy your day and celebrate!

[illegible]

Reflection

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

CONTACT



Thank you!

PATTY DOMINGUEZ

Bringing the American Dream to You

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THE KEY TO YOUR
DREAM HOME

Short bio about yourself or your
favorite quote.



Notes

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Notes

[illegible]

The Ultimate
**30-Day
Declutter**

CHALLENGE

WWW.YOURWEBSITE.COM