

YOUR CARE-FREE MOVE



Your personal checklist.

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30 DAYS

Prior to your move

- ☐ Arrange for moving your furniture and personal belongings either by hiring a moving company, or renting a truck.
*Make sure to get estimates from several moving companies & be sure to obtain an appliance dolly (if moving yourself).
- ☐ Gather moving supplies:
 - 1.Boxes
 - 2.Tape
 - 3.Rope
 - 4.Any other moving supplies needed
- ☐ Plan your travel itinerary and make transportation/lodging reservations in advance if traveling to your home.
*Be sure to leave an itinerary copy with friends or family
- ☐ Some moving expenses are tax-deductible (if the move is employment-related), so you will want to save your moving expense receipts for tax. deductions, including meals, lodging, and gasoline. Record expenses incurred during your house-hunting trips.
- ☐ Develop a packing plan, and pack the things you use the most last.
*See tips on packing in the next section!
- ☐ Notify others of your new address:
 - Post office
 - Charge accounts & Subscriptions
 - Relatives & Friends
 - National & Alumni organizations
 - Past employers (for W-2 purposes)
 - Retirement account info
*Save your old address labels to speed up filling out any change-of-address forms.
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- ☐ Notify federal & state taxing authorities or any governmental agency necessary.



TWO WEEKS

Prior to your move

- ☐ Notify and get refunded from all of your present utilities: gas, electric, water, cable, and phone.
*Arrange for services at your new address
- ☐ Have your car serviced- if your drive to your new home is long distance
- ☐ Recruit a team to help you on moving day
- ☐ Arrange for care of your children or pets during your move
- ☐ Confirm moving company or rental truck

The day before your move..

- ☐ Keep moving materials in a separate place so they do not get packed until you are finished
- ☐ Pick up the rental truck
*If moving yourself
- ☐ Fill up your car with gas, and check your oil & tires

Additional Checklist Items

- ☐ Decide what to move and what not to move. Possibly have a garage sale (extra cash and less to move). See “Tips on Having a Garage Sale” on the next page.
- ☐ Transfer your bank accounts. Your new bank will be happy to open your account by mail or email.
- ☐ Request records from doctors and dentists, including eye-glass prescriptions, dental, x-rays, and vaccinations.
- ☐ Obtain your children’s school records to make for an easier transfer.
- ☐ Draw up a floor plan of where your furniture should be placed. This will help avoid confusion for you and your movers.
- ☐ Pay existing bills and close out local charge accounts.
- ☐ Arrange any special movers, that may be necessary for an expensive piano or to break down and move a pool table or above-ground swimming pool.
- ☐ Cancel or transfer deliveries, newspapers, garbage collections, etc. Coordinate the transfer of gas and electric, water and sewer when not handled by the title company, with the next occupant of your old home as well as with the previous owner of your new home, so as to avoid lapses in service and extra re-start expenses.
- ☐ Check on personal items that might be at the photoshop, in a safe-deposit box, at a neighbor’s house, on lay-away, or in a repair shop (e.g., shoe repair, jewelry store, small- appliance repair, or dressmaker).
- ☐ Make arrangements for transporting your plants and pets
- ☐ Save the phone book from your former city residence for tying up loose ends or for future correspondence.
- ☐ Transfer insurance policies or arrange for new policies.

- ☐ Gather all valuables, jewelry, important papers (birth certificates, deeds, and documents) to take with you personally.
- ☐ Pack an arrival kit of necessities just in case you arrive before your movers
*If applicable
- ☐ Purchase moving insurance. Your mover's liability for lost or damaged goods will not equal their replacement cost. Have vulnerable items appraised
- ☐ Check with your attorney about your will, if crossing state lines.
- ☐ Ask for professional referrals if available (e.g., doctor, accountant, etc.).



Packing Tips

- ☐ Use strong containers that are in good condition and can be secured tightly with twine or strapping tape. These can usually be purchased from your moving company. Purchase special boxes for dishes, wardrobe, and other special items.
- ☐ Label each box with its contents, which room it should go in, whether it is fragile, and whether it should be loaded last so as to be unloaded first.
- ☐ Don't load more than 50 pounds into any one box, and make sure that the weight is evenly distributed.
- ☐ Cushion contents with newspaper or other packing material to prevent breakage. Use newsprint paper or tissue paper for items that might be soiled by the newspaper. Towels and cloth napkins are great for wrapping fragile items.
- ☐ Pack books tightly in small boxes. Alternate bindings and wrap valuable books separately.
- ☐ Have your rugs and draperies cleaned before moving and leave them in their wrappings for easier handling.
- ☐ Remove all breakables and liquids from drawers and pack them separately. Seal medicines and other containers to prevent leaking and pack them in a leak-proof bag or container.
- ☐ Pack linens and clothing in drawers, but don't overload them.
- ☐ Carry all valuables with you. Do not pack jewelry, documents, coin or stamp collections, or anything that will be difficult to replace. The contents of a safety deposit box can be moved for you by your bank.

Moving with kids

If you think moving is hard on grown-ups, imagine what it's like for kids. They're starting over and trying to meet new friends while getting used to a new home, neighborhood, and school. Think about your children's specific needs before, during, and after the change and you'll make a big difference in how your children feel about the move and how they adjust afterwards.

(Adapted from information at www.MoversGuide.com.)

Before the move..

- ☐ Give your kids a space to discuss their feelings on the move
- ☐ Help them put together a list of family and friends to reassure them that they will remain in contact despite the move.
- ☐ Visit your new community prior to moving and set up some activities for your child(ren)

Keep in Mind..

- ☐ Stay as upbeat and calm as you can. Your own mood will impact your children's moods.
- ☐ Involve your children in the packing. Older children can put their own belongings in boxes, and children of all ages will enjoy decorating the boxes containing their things.
- ☐ Don't pack things that your children treasure. Take special blankets, favorite books, and other prized items in the car or on the plane with you.
- ☐ Help your children say goodbye to the important people in their lives. For their friends, a party is a fun way to celebrate the friendship.
- ☐ For many families, moving day means a long car trip or a cross-country flight. Prevent backseat blues and airline angst by adding travel fun and games to your plans.

Once you're moved in

To make your new home seem more like home, hang your child's or family portrait in a prominent location or create a tabletop display of family photographs. Don't spend too much time unpacking, at least not right away! In the first few days, take time to enjoy your new home with your family. Take walks and check out local restaurants. Above all, listen. Be there when your children get home after the first day at their new schools, even if it means having to leave work early. Ask often how things are going, and take time to listen.

Moving with Pets

Cats & Dogs

Cats and dogs can either be shipped by air or taken along in the car. If you are flying to your new destination, your cat or dog can ride in the baggage compartment. Your pet will need a health certificate from your vet. Call the airline in advance to find out about special boxes they may have. If you are going to make a container for your pet, make sure that the container complies with airline regulations. It is a good idea to put a piece of clothing with your scent in the animal's box so he/she feels more at home.

If you aren't flying with your pet but are having him/her shipped by air, make sure that someone is on the other end to pick your pet up at the airport and take care of him/her until you arrive. The easiest way to care for your pet before your arrival is a kennel. Many kennels can take your pet several days

before your move (keeping him/her safe and out of your way). Or you can take your pet to the airport and arrange to have a kennel on the other end pick him/her up and take care of him/her until you arrive.

Think twice about taking your dog or cat with you on a long cross-country trip. Not only can animals get car sick, but being cooped up in a car all day can make them nervous and upset. They must be fed and have plenty to drink (make sure that you take along a water dish), they have to make "rest stops," and they have to be on a leash to keep them from running off anytime the car door is opened.

Some motels and hotels don't allow pets. Others have special facilities for handling travelers' pets. Call in advance and check out the available literature on hotels along your route. National chains usually publish such information.

Moving with pets

Small Animals

Hamsters, birds, mice, and such can be transported in the family car fairly easily. Make sure that the animals have enough food and water in their cages and are out of drafts or extreme temperatures. Cover cages with a cloth to keep the pets quiet and restful.

Fish

It is not practical to move fish in their aquarium. A gallon of water weighs eight pounds. Plan on giving the fish away and restock the aquarium when you arrive at your new home.

- **Your veterinarian and pet stores are also valuable sources of information.**

