

# 7 DAYS TO CLEAN

**Dory Tucker Doyle**  
Realtor® | Real Broker, LLC  
[www.HomesWithDory.com](http://www.HomesWithDory.com)

# I'M NOT a neat freak.

I'm a homeschooling mom of twin tweens who really needed a system that actually works with real life.

I want my house to be lived-in and accessible to my family while still being ready for friends to visit (without a junk-drawer panic before they ring the doorbell).

I'm a real estate agent that has seen what happens when someone needs to sell a home quickly... and they aren't ready.

And I have seen what happens when a family keeps on top of everything so with just a little pillow-fluffing and minor packing, they are ready to list.

A messy house makes me a worse version of myself, so I did something about it.

Our whole family chips in. And this list makes it possible without feeling like I'm as put together as Mary Poppins.



# SATURDAY *Checklist*

## "ONE BIG THING"

- PICK ONE PRIORITY PROJECT & KNOCK IT OUT:
  - CLOSET
  - GARAGE
  - MUDROOM
  - PANTRY ORGANIZATION
  - WIPE THE BASEBOARDS
  
- TAKE A FULL-HOME WALKTHROUGH FOR ANYTHING THAT NEEDS FIXING OR REPLACING
  
- PLAN NEXT WEEK'S MEALS, CONSIDERING ANY SPECIAL ACTIVITIES THAT MIGHT BE HAPPENING



# SUNDAY Checklist

## “READY FOR MONDAY”

Light tidy of every room:

- Bedrooms
  - Main bathrooms
  - Kitchen
  - Family room
  - Office
- 
- Check fridge & meal prep for the week
  
  - Review the calendar - look at upcoming appointments, activities, or other special events
  
  - Final “would-a-stranger-walk-in-and-feel-comfy” sweep through the house



# MONDAY *Checklist*

## RESET DAY

- Quick walkthrough: put everything back where it belongs
- Wipe kitchen counters & sink
- Start a load of laundry
- Empty trash & recycling into the outside cans
- Get the laundry into the dryer
- Sort mail, school, and activities papers
- Set & communicate the week's priorities with the family



# TUESDAY *Checklist*

## KITCHEN

- Deep clean counters, stove, and backsplash
- Wipe down fridge and toss expired food
- Organize one pantry shelf (rotate weekly, not the whole thing)
- Sweep & mop kitchen floor
- Clean out the microwave, toaster oven, or air fryer
- Take a cleaning supply inventory
- Restock kitchen basics (salt, oil, snacks, butter dish)



# WEDNESDAY Checklist

## BEDROOMS, LAUNDRY, PETS

- Change sheets
- Vacuum bedrooms, including under beds
- Fold & put away laundry
- Quick closet tidy (look for things on the floor & dust bunnies)
- Water indoor plants
- Wash pet bedding
- Wipe down pet bowls



# THURSDAY *Checklist*

## BATHROOMS

- Scrub toilets, tub, and shower
- Wipe counters & mirrors
- Restock toilet paper, soap, towels, toothpaste
- Empty bathroom trash
- Sanitize door handles & light switches of the whole home (timer: 5 minute speed round)



# FRIDAY *Checklist*

## COMPANY READY

- Tidy family room: pillows, blankets, remotes, toys/games away
- Dust shelves & surfaces
- Vacuum main living areas
- Wipe down entryway
- Reset shoes/bags in entryway
- Take out trash & recycling before the weekend



# The Someday Pile

NO PRESSURE TO DO ALL THESE - PICK ONE WHEN SATURDAY ROLLS AROUND & YOU'VE GOT ENERGY

## CLOSETS & STORAGE

- Clean out coat closet, donating what nobody has used in 1 year
- Sort linen closet, donating mismatched sheets/towels to the animal shelter
- Take out everything from the junk drawer and sort/toss as you put things back in
- Go through the kids' closet/dresser, taking out clothes that don't fit

## KITCHEN

- Clean out the fridge shelves & drawers completely
- Sort food storage containers, tossing those without matching lids
- Clean oven (self clean or manual)
- Wipe down cabinet fronts

## GARAGE & STORAGE AREAS

- Sort garage for donate/toss/keep
- Organize the mudroom or drop zone
- Clean out the car

## KID & FAMILY SPACES

- Sort playroom toys, donating or cycling some into the attic
- Clean out backpacks & school supplies
- Rotate seasonal clothes

## PAPER & DIGITAL

- Shred old documents
- Tackle that "to file" pile for 10 minutes
- Clear out the "school papers" pile
- Delete old photos. Back up what matters

## DEEP CLEAN

- Baseboards (whole house)
- Wipe down light switches and doorframes (whole house)
- Clean windows, inside & out
- Vacuum under furniture & behind appliances

☎ 434-985-2221

✉ [dory@homeswithdory.com](mailto:dory@homeswithdory.com)

🌐 [www.HomesWithDory.com](http://www.HomesWithDory.com)

📍 Charlottesville & surrounding counties

**DORY TUCKER DOYLE**  
REALTOR®



# A HOME ISN'T ABOUT PERFECT

It's about NOT panicking.

When life throws you a curveball (a last-minute guest, a job relocation, finding your dream home, an improptu playdate), you don't want to be starting from zero. You want to be a few pillows away from ready.

When you're ready to buy, sell, or just talk through what's next for your home, I'm right here.

## **Dory Tucker Doyle, Realtor®**

Real Broker, LLC

☎ 434-985-2221

🌐 HomesWithDory.com

✉ Dory@HomesWithDory.com

📷 Homes With Dory

📘 DTD Real Estate



# About Dory



**Dory Tucker Doyle, Realtor®**

**Real Broker, LLC  
Charlottesville, VA & surrounding**

I grew up here in Charlottesville, and came back to put down roots when it mattered most. This town isn't just where I work — it's home.

My background is in education and theater. I've always been the one who explains things until they make sense. I'll figure out what you need and walk you through it, every step of the way.

Theater taught me how to truly listen and be present. I bring that same energy to every client. I hear what you say and understand what you mean. And I'll go to bat for you — confidently, warmly, and with enough determination that the outcome speaks for itself.

My clients don't just close on a house. They understand what happened, feel good about how it went, and know exactly who to call next time.



**434.985.2221**



**HomesWithDory.com**



**Dory@homeswithdory.com**



**@HomesWithDory**



**youtube.com/@homeswithdory**



Home is personal. So am I.